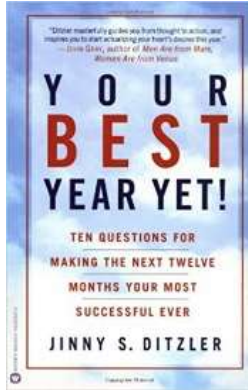


Your Best Year Yet! Framework & Executive Book Summary



Since my introduction to the book *Your Best Year Yet!* and the formal Workshop in 1998, it's hard to imagine life without this perspective-giving end of year review and new year refocus. It's become an indispensable “taking-stock” and “time-travel” experience.

The result is an annually revised goal plan within the current context of my life and envisioned future. For example, at 50 years old I want to be “*here*” in my faith journey, with my wife, kids, health, personally, professionally, and financially (*well-defined with specifics*).

Here is the *Your Best Year Yet!* basic framework distilled from 10 questions relating to the past year:

- 1 – What did I accomplish?
- 2 – What were my biggest disappointments?
- 3 – What did I learn?
- 4 – How did I limit myself and how can I stop?
- 5 – What lessons will I apply moving forward into the new year?
 - This is where clear goals and guidelines should be set for the next year.
 - Segment and apply to your various life roles - spouse, parent, friend, volunteer, professional, & etc.

This is by no means a substitute for the book. I recommend reading it. Bottom line, the discipline of annual reflection is critical to making sure we are going where we want to go. Should you have any comments or questions, please reach out to me any time.

May this year be your best year yet,

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